Tuning in to Kids

A six session parenting program

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning into Kids is a group parenting program. The ideas and techniques taught in the program will be useful for parents of children of all ages, but are particularly relevant for pre-schoolers.

Next term, Kristy McAvan, Psychologist will be offering this program to parents. Sessions will be conducted at school from the 28th July until the 1st September. The program runs for 6 weeks in the mornings, from 9 am to 11.30 am. It is a requirement to attend all 6 sessions. <The P&F have kindly offered to supply morning tea and we ask that any parents wishing to participate in the program pay $30 to cover the cost of workshop materials and the booklet.>

If you would like to participate in this program as places are limited to a maximum of 12 participants, please register your details below and return your slip to the school office by . You will be contacted to confirm your enrolment and to collect payment.

Kind Regards

RUN BY CATHOLIC EDUCATION PSYCHOLOGY TEAM

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I would like to register for the Tuning in to Kids parenting program

Parent's Name: ____________________________________________________________

Children's Names and Ages: ______________________________________________

Phone Number: __________________________________________________________