From the Social Worker

At the start of the school year many of you filled out a Parent Survey as part of the school embarking on the You Can Do It Programme (YCDI). Interestingly, the majority of parents identified the same priority for their children as the teachers did; ORGANISATION. Teachers used the YCDI resources on organisation for Term 1 & 2. At the staff meeting this week they reported a great improvement in the organisation of their students. Hopefully this has flowed over into the home. Several parent surveys were returned with comments added that organisation in the morning and getting children to school on time was a major challenge. Here is a tip that may help some families. One of the keys to having a smooth morning is to begin the night before. Depending on your child’s age, have them make up a Monday to Friday timetable. It should show what uniform to wear on the day, library, homework, music tuition, lunch order day etc. Give your child the minimum level of assistance they need to do this. With younger children pictures work better than words. You might want to take digital photos of your child in each uniform, their library bag with a book on top etc. Ensure that your child lays out everything that is needed for school the next day. That way there won’t be a scramble in the morning to find the missing sports shoe or the library book. Hopefully this will help to reduce one source of stress in the mornings.

The You Can Do It program on PERSISTENCE is our focus for this term. I will write small articles for the newsletter on this topic to help parents reinforce this key to success.